

HBCD

PROTOCOL SUMMARY

VISIT 6: 15-30 MONTHS



HEALthy Brain and Child Development
Babies · Brains · Bright Futures

HBCDStudy.org

The HEALthy Brain and Child Development Study

The HBCD Study is the largest longitudinal study of early brain and child development in the United States. Knowledge gained from this research will have lasting impacts on future generations of children.

This ambitious project will enroll over 7,000 participating families from across the United States and follow them from pregnancy through early childhood. The HBCD Research Consortium consists of the HBCD Consortium Administrative Core (HCAC), the HBCD Data Coordinating Center (HDCC), and 27 recruitment sites across the country (see map).


Leading researchers in the fields of child development and neuroscience will work with participating families and their children to understand how the brain develops and how exposure to substances and other environmental, social, and biological factors during pregnancy and after birth impact outcomes.

HBCD Open Science Model

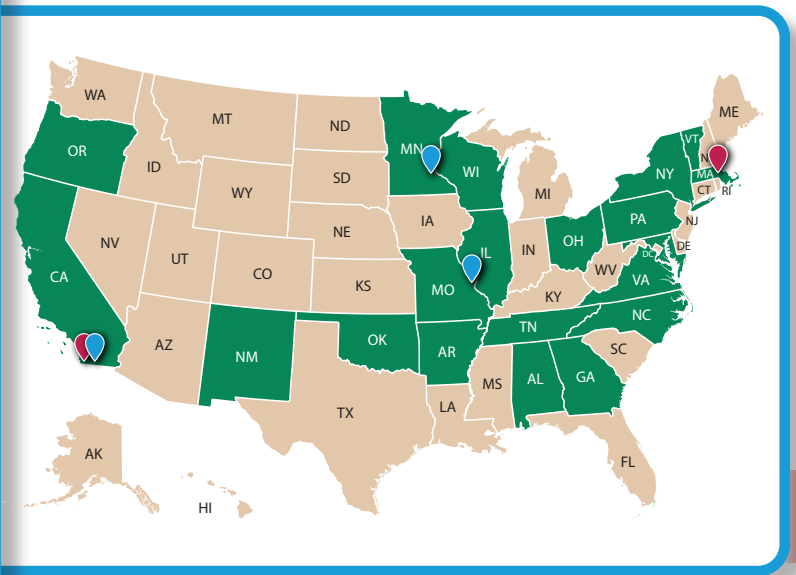
The data generated in the study will be made broadly available to the research community through an open science model and serve as a resource to support numerous additional studies and foster new hypotheses to be explored.

Locations of HBCD Recruitment Sites in the United States

- Recruitment Sites**
 - Arkansas Children's Hospital Research Institute
 - Boston Children's Hospital | Harvard Medical School
 - Cedars-Sinai Medical Center
 - Children's Hospital of Los Angeles
 - Children's Hospital of Philadelphia
 - Cincinnati Children's Hospital
 - Emory University
 - Johns Hopkins University/Kennedy Krieger Institute
 - New York University School of Medicine
 - Northwestern University
 - Oklahoma State University Center for Health Sciences
 - Oregon Health & Science University
 - Pennsylvania State University-University Park
 - Pennsylvania State University College of Medicine
 - University of Alabama at Birmingham
 - University of Alabama at Tuscaloosa
 - University of Arkansas for Medical Sciences
 - University of Maryland
 - University of Minnesota
 - University of New Mexico
 - University of North Carolina Chapel Hill
 - University of Vermont
 - University of Wisconsin-Madison
 - University of California, San Diego
 - Vanderbilt University
 - Virginia Tech
 - Washington University

 **HCAC** University of California San Diego
Boston Children's Hospital | Harvard Medical School

 **HDCC** University of California San Diego
University of Minnesota
Washington University



15–30 Months of Age

HBCD Measure	What it Measures	Child (min)	Adult (min)
Adult Health			
American Psychiatric Association (APA) DSM-5 Level 1	Current mental health symptoms, including depression, anxiety, sleep problems, memory, psychosis, personality functioning, etc.		5
APA Patient-Reported Outcome Measurement Information System (PROMIS) Level 2	More detailed assessment of current mental health symptoms, including anxiety, depression, anger, sleep disturbances, mania, obsessive-compulsive behaviors, and personality functioning		5
Substance Use			
Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)	Lifetime and current substance use (last 3 months)		5
Biospecimens			
Saliva	Genome-wide association studies (GWAS), Epigenomewide association studies (EWAS), transcriptomes	10	10*
Urine	Metabolites and environmental exposures	5	
Social and Environmental Determinants			
Pediatric Adverse Childhood Experiences and Related Life Events Screener (PEARLS)	Exposure to childhood adversity and other potential risk factors for stress, such as abuse, violence, and food or housing insecurity		2
Composite Abuse Scale Revised - Short Form (CAS_R-SF)	Physical or emotional intimate partner violence in the past 12 months		4
Demographics	Race, ethnicity, marital status, sexual orientation, education, income, and household composition*		10
Patient-Reported Outcome Measurement Information System (PROMIS) Social Support/Perceived Stress	Availability of social support and perceptions of stress during the past 12 months		4
Residential History for Geocoded Data Linkage	Home, work, or other frequented addresses for linking to external data sets		5
Transitions in Care			
Transitions in Care Screener	Survey to assess whether there were changes in child's main caregiver since the last visit		3
Transitions in Care Questionnaire	Follow-up questionnaire to characterize the type and timing of any caregiver or care setting changes since the last visit		5

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15–30 Months of Age

HBCD Measure	What it Measures	Child (min)	Adult (min)
Physical Health			
PhenX Breastfeeding Questionnaire	Whether the child was breastfed, breastfeeding duration, and introduction of solid foods		1
2-Item Food Insecurity	Household food insecurity		1
Medical History	Child’s medication and environmental exposures		10
Early Childhood Patient-Reported Outcome Measurement Information System (ecPROMIS) - Sleep	Child’s sleep patterns	1	
Early Childhood Patient-Reported Outcome Measurement Information System (ecPROMIS) - Physical Activity/Greenspace	Child’s general physical activity and access to greenspace	2	
ScreenQ Screen-Based Media Use Measure	Screen-based media use	5	
Child Nutrition Questionnaire	Child’s general nutrition and eating habits	10	
Head Circumference, Height, Weight	Child’s physical growth	5	
Medical Record Extraction	Child’s diagnoses, vaccinations, developmental screens, medications, hospitalizations, surgeries, laboratory results		10
Vision Screener	Vision and common vision problems	1	
Brain Imaging			
Outside the Scanner	Pre-Scan & Post-Scan Surveys: Sleep information, social behavior, transportation, scheduling, etc.		40
Magnetic Resonance Imaging (MRI)	Diffusion MRI	13	
	Functional MRI (resting state)	16	
	MR Spectroscopy	10	
	Quantitative MRI	4	
	Structural MRI (T1/T2)	10	
Brain Activity			
Outside of Electroencephalogram (EEG)	Pre-EEG and Post-EEG Measurements	30	
Electroencephalogram (EEG)	Faces Task	4	
	Mismatch Negativity/Auditory Oddball Task	12	
	Video Resting State	3	
	Visual Evoked Potential Task	1	

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15–30 Months of Age

HBCD Measure	What it Measures	Child (min)	Adult (min)
Neurocognition and Language			
MacArthur-Bates Communicative Development Inventory (CDI-2)	Words and language, early language and communication skills		10
Deferred Imitation Task	Ability to remember and reproduce an action sequence		12
MacArthur-Bates Communicative Development Inventory (CDI): Words and Gestures	Early language and communication skills		10
Multilingual Language Development Survey	Assessment of child’s exposure to different languages		3
National Institutes of Health (NIH) Baby Toolbox	Cognitive and Executive Function (gaze-based and touch-based tasks)	10	
	Memory	10	
	Language	10	
Behavior and Caregiver-Child Interactions			
Early Regulation in Context Assessment / Family Culture Matters (ERICA-FCM)	Early childhood regulation in context		45
Confusion, Hubbub and Order Scale (CHAOS)	Features of the home environment, such as disorganization or environmental confusion		5
Family Assessment Device General Functioning (FAD-GF-12)	Global health and functioning of the family unit, including communication, the emotional climate, and closeness among members of the family		3
Home Observation for Measurement of the Environment in the 21st Century (HOME-21)	Parental responsiveness, discipline practices, exposure to stimulating materials, and enriching family interactions		7
Total Visit Time (min)		387	

*Measure to be completed by the birthing mom only.



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