

HBCD Protocol Summary: 0-1 month

Adult Health

APA DSM-5 Level 1
APA PROMIS Level 2
DSM-5 Severity Acute Stress
DSM-5 Severity PTSD
Edinburgh Postnatal Depression Scale (EPDS)
Health History

Substance Use

Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)
Timeline Followback (TLFB)

Biospecimens

Child Saliva
Child Stool
Child Urine
Maternal Nails
Maternal Saliva

Transitions in Care

Transitions in Care Screener

Social and Environmental Determinants

PROMIS Social Support/
Perceived Stress
Residential History for Geocoded
Data Linkage

Physical Health

2-Item Food Insecurity Screen
Head Circumference
Health History
Height
PhenX Breastfeeding
Questionnaire
Weight

Novel Technology/ Wearables

Activity Surveys
Heart Rate Sensors
Movement Sensors

Brain Imaging

Diffusion MRI
Functional MRI
MR Spectroscopy
Quantitative MRI
Structural MRI (T1/T2)



HEALTHy Brain and Child Development
Babies • Brains • Bright Futures

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