

# HBCD Protocol Summary: 0-1 month

## Adult Health

APA DSM-5 Level 1  
APA PROMIS Level 2  
DSM-5 Severity Acute Stress  
DSM-5 Severity PTSD  
Edinburgh Postnatal Depression Scale (EPDS)  
Health History

## Substance Use

Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)  
Timeline Followback (TLFB)

## Biospecimens

Child Saliva  
Child Stool  
Child Urine  
Maternal Nails  
Maternal Saliva

## Culture & Environment

PROMIS Social Support  
PROMIS Perceived Stress

## Child Health

Head Circumference  
Health History  
Height  
Weight

## Nutrition

2-Item Food Insecurity Screen  
PhenX Breastfeeding Questionnaire

## Mobile Technology

Activity Surveys  
Heart Rate Sensors  
Movement Sensors

## Brain Imaging

Diffusion MRI  
Functional MRI  
MR Spectroscopy  
Quantitative MRI  
Structural MRI (T1/T2)



**HEALTHy Brain and Child Development**  
*Babies • Brains • Bright Futures*

[HBCDStudy.org](http://HBCDStudy.org)